



Schools Catering Service

January 2012 Pre-Choice Menu

Please circle the main meal choice for your child each day.

Please note once the choice has been made your child will receive that choice from the catering staff. They will not be able to change it, without your permission.

CHILD'S NAME:

CLASS:

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Balti and Boiled Rice	Chicken Tikka Wrap	Roast Pork and Stuffing with Gravy	Jacket Potato with Cheese and Beans (v)	Harry Ramsdens Fish Fillet
American Beef Burgers	Cheese and Tomato Pizza (v)	Cheese and Tomato Omelette (v)	Chicken Breast Nuggets	Tomato and Basil Pasta Bake (v)
Vegetarian Sausage Roll (v)	Salmon Nuggets	Spicy Bean Burger (v)	Sausage Roll	Vegetable Samosa (v)

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Bake	Chicken Pasta Bake with Garlic Bread	Roast Beef and Yorkshire Pudding with Gravy	Cottage Pie and Gravy	Salmon and Sweet Potato Fish Cake
Mini Pork Sausages	Healthy Choice Gammon	Fish Fingers	Mini Omelette	Vegetable Lasagne (v)
Vegetable Tikka (v)	Cheese and Onion Pasty (v)	Quorn Burger (v)	Cheese and Tomato Pizza (v)	Vegetable Grill